

Sculptra® – an Effective Collagen Booster

Sculptra® is an injectable **poly-L-lactic acid** that is administered under the skin. It **activates new collagen production**. This improves the resilience and density of tissues and skin elasticity. The new collagen adds volume and corrects the signs of facial ageing.

Thus, **Sculptra®** stimulates new collagen formation rather than acts as an instant filling material (such as hyaluronic acid or own adipose tissues). For this reason, it takes some time (several months) to see the final result. Depending on the result and the patient's views, it is necessary to conduct 1-4 sessions to achieve an excellent result.

With **Sculptra®**, a doctor can offer you more than just filling in wrinkles. Due to the restoration of your own connective tissue, it is possible to return the resilience of youth and lost contours to entire facial areas (the so-called "**liquid lifting**").

As early as 8-12 weeks after the initial injection, your doctor can evaluate its results. After that, you need to decide with your doctor whether to be exposed to an additional procedure to enhance the effect or whether you would like to treat other parts of your face with **Sculptra®**.

Most patients using **Sculptra®** are highly satisfied with the result after 2-3 sessions.

The recovery effect lasts up to 3 years. After that, due to the natural ageing process, the skin may lose its resilience again and additional treatments will be needed to refresh the effect.

Sculptra® indications:

- wrinkles of varying depths, from light to very deep, in the area between the nose and mouth (**nasolabial lines**), in the corners of the lips (**wrinkles in the corners of the mouth**), and in the **chin** area, as well as
- loss of volume in the cheekbone area
- sunken cheeks X • changing contours
- scars
- restoring the resilience of all **areas** of the lower half of the face (**liquid lifting**)

At the initial stage, the injected poly-L-lactic acid (Sculptra®) causes immediate filling of volume defects and wrinkles due to the water contained in the solution. Within a few days, the water from Sculptra® is absorbed in the body and the filling effect weakens slightly. The second stage of Sculptra® stimulates the body's own collagen production to naturally repair connective tissue and therefore eliminate wrinkles, contour changes and volume defects.

The duration of treatment varies depending on the number and size of the treated areas. On average, you can expect a session to last about 30-40 minutes.

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Note:

1 week before the treatment, it is recommended to exclude **medicines that reduce blood clotting**, such as **acetylsalicylic acid (for example, aspirin)** with analgesic effect. In patients taking **medicines that reduce blood clotting**, small hematomas or local bleeding may appear in the area of administration. If you need to take **medicines that reduce blood clotting** (for example, ACC, Marcoumar, or Clopidogrel), as prescribed by your doctor, then **do not interrupt this therapy in any case or interrupt it only after consulting with your doctor**. As with all injections, patients taking anticoagulants are more likely to develop hematomas or local bleeding in the injected area. Most often, they disappear after 2-6 days. If one of the areas you want to treat has developed any **inflammation** or **infection**, you should wait until it has healed completely.

The safety of Sculptra when used on pregnant women, children, and persons under 18 years of age has not been studied. No studies of the interaction of Sculptra and other medicines, substances, or implants have been conducted. Sculptra should not be used on patients with a history of keloid scarring.

Concomitant phenomena occur rarely. Side effects that are usually associated with injections include temporary bleeding the size of a needle puncture or temporary pain, local skin redness in the injected area, puncture-sized bleeding, hematomas, or even small swellings that usually disappear within 2-6 days. If the correct insertion technique is used and the procedure is carried out by a qualified doctor, small invisible but perceptible nodules, visible lumps or late-onset granulomas very rarely appear and are treatable. Ask your doctor for more information during a consultation.

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